KNOWLEDGE

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GUIDE

FOR **FOREIGN STUDENTS**

WORK

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LEARNING

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GDAŃSK UNIVERSITY OF TECHNOLOGY GUIDE FOR FOREIGN STUDENTS

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Compiled by: Careers Office Promotion Office International Relations Office

The guide was developed under the project entitled "International Alumni - Join the network. Activities supporting the establishment of cooperation with foreign graduates of the Gdańsk University of Technology", financed by the Polish National Agency for Academic Exchange under the International Alumni Programme.



GDAŃSK UNIVERSITY OF TECHNOLOGY GUIDE FOR FOREIGN STUDENTS

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RESEARCH UNIVERSITY



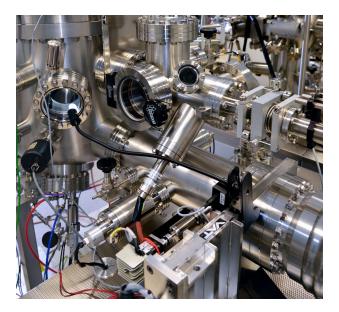
Gdańsk University of Technology took second place in the country and was ranked highest among technical universities in the competition **'Excellence Initiative -Research University'**. The aim of the competition organized by the Ministry of Science and Higher Education was to select and support 10 best universities that will become research centers and will be able to successfully compete with the best universities in Europe and in the world.

The Gdańsk University of Technology has developed four new research centres:

- BioTechMed Center,
- EkoTech Center,
- Advanced Materials Center,
- Digital Technologies Center.

DISCIPLINES OF SCIENCE AT GDAŃSK UNIVERSITY OF TECHNOLOGY:

- architecture and urban planning,
- automation, electronic and electrical engineering,
- economics and finance,
- technical informatics and telecommunications,
- information and communication technology,
- civil engineering and transport,
- materials engineering,
- mechanical engineering,
- · environmental engineering, mining and energy,
- mathematics,
- chemical sciences,
- physical sciences,
- management and quality studies,
- · chemical engineering,
- biomedical engineering.



FACULTIES

www.pg.edu.pl/en/university/organisation/faculties



- Faculty of Architecture,
- Faculty of Chemistry,
- Faculty of Electronics, Telecommunications and Informatics,
- Faculty of Electrical and Control Engineering,
- Faculty of Applied Physics and Mathematics,
- · Faculty of Civil and Environmental Engineering,
- Faculty of Mechanical Engineering and Ship Technology,
- Faculty of Management and Economics.

ORGANISATION

www.pg.edu.pl/en/university/organisation

The tasks of Gdańsk University of Technology are carried out by units operating within the University structure.

AUTHORITIES

www.pg.edu.pl/en/university/authorities

STATUTE OF GUT

www.pg.edu.pl/en/university/organisation/statute

CONTACT

GDAŃSK UNIVERSITY OF TECHNOLOGY Gabriela Narutowicza 11/12, 80-233 Gdańsk

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INTERNATIONAL RELATIONS OFFICE tel.: +48 58 347 20 42, +48 58 347 28 28 fax: +48 58 347 11 70 e-mail: international@pg.edu.pl, studygut@pg.edu.pl, visitgut@pg.edu.pl

INFORMATION ABOUT EMPLOYEES (EMPLOYEE SEARCH ENGINE)

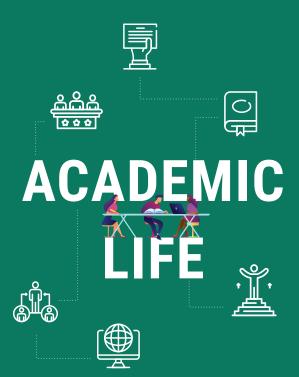
www.moja.pg.edu.pl/app/addressBook/







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ELECTRONIC STUDENT ID CARD



The Electronic Student ID Card confirms that you are an academic student.

This is your 4 in 1 document:

- student card,
- library card,
- city card,
- access card to academic parking spaces.

The student card fees can be found on the website of the Gdańsk University of Technology: www.pg.edu.pl/dzial-ksztalcenia/electronic-student-id-card1

(i) If you should lose or damage your card, you must report it to the Dean's Office. If you want to obtain a replacement, sign in at www.moja.pg.edu.pl and file an application electronically.



LIBRARY CARD

Your Electronic Student ID Card is also your library card:

• It gives you access to all branches of the Gdańsk University of Technology Library and the libraries of other Tricity academies (for this purpose, you must obtain a referral from the GUT Library in advance).

• The students of the Gdańsk University of Technology accepted under the eRecruitment system already have accounts registered in the library system. Before using the resources, catalogues, or a library computer, students should activate their accounts in the Library's online catalogue.

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- 1

• The account is valid throughout the duration of studies. If you do not return borrowed books, it may be temporarily blocked. To unblock your account, please contact the Library.

• **To activate your account**, you need to enter your login: 5200XXXXXX [XXXXXX is the student's ID number] and individual University e-mail address [in the following format: sXXXXXX@student.pg.edu.pl] or the private e-mail address entered during registration in the eRecruitment system.

The system will generate your password and send it to the provided e-mail address.

Next, sign into the Library's online catalogue with the generated password and change the password to the one of your choice. The account will be activated. The new password and login (5200XXXXX) will be required when you want to borrow books, browse the licensed electronic resources (e-resources) on and out of campus, and to use the computers available in the library.

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For information on borrowing books and using the online databases, please read the chapter:

GUT Library.

CITY CARD

If you want to use your Electronic Student ID Card as a season pass for public transport (tram, bus), report to a season pass vendor and apply for charging your student card with season passes.

CUSTOMER SERVICE POINTS

This is where you can get a season ticket with your student card:

- 1. Wyspiańskiego 9A
- 2. Dworzec Główny PKP
- 3. Świętokrzyska 15
- 4. Na Stoku 49



ACCESS CARD

The access card is used to enter the University by car after filing the appropriate application and covering a fee.

GUT ACCESS:

• FULL-TIME STUDENTS

Full-time students with cars have access to two parking lots, which are located at ul. Traugutta. The lots are secured with barriers and the parking spaces are reserved only for students with cards activated in the barrier control system. The number of parking spaces is limited.

How do you get parking lot access authorisation?

At the beginning of every academic year, the GUT Students' Government announces **parking registrations**. To take part in the drawing, you must **fill out and submit the electronic form** available on the Facebook page of the GUT Students' Government. The students who will be granted access to the parking lots will be drawn from the pool. This list is submitted to the office of the Property Protection Department, which – upon receiving the annual fee for the given academic year – activates the student card in the university's barrier control system.

The parking rules are specified in the Parking Space Terms and Conditions: www.pg.edu.pl/dzial-ochrony-mienia/main



• PART-TIME STUDENTS

Part-time students with cars can drive in and park their cars within the property of the university with a valid access card. Access cards are issued by the Property Protection Department after you file the appropriate application and make the required payment.

The rules of using access cards and parking within the property of the university and the GUT campus access application can be found on the website of the Property Protection Department:

www.pg.edu.pl/dzial-ochrony-mienia/part-time-studies

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MY GUT

The **My GUT** portal is dedicated to students, professors, and employees of the Gdańsk University of Technology. To access the portal, you must activate your account. You can find account activation guidelines in the welcoming message you receive after successful recruitment.

Activating the account is easy:

1. Enter My GUT: link.pg.edu.pl/my-gut

- 2. Click: New Account,
- 3. Enter the required data,
- 4. Pick your password,
- 5. ACCOUNT ACTIVATION (a LOGIN message will appear),
- 6. Write down your LOGIN and never forget it.

This is your access to My GUT.

IMPORTANT!

You only need to register a My GUT account once irrespective of the number of your courses. If you should have any problems with the activation, please visit **link.pg.edu.pl/support-en**



ADVANTAGES OF HAVING A MY GUT ACCOUNT

• Activation of the library account (you can find the appropriate guidelines in the section entitled Library);

• A virtual Dean's Office from the privacy of your home:

- Electronic Student ID Card application,

- information on your academic progress: courses, scholarships, internships, etc.,

 payments and your personal bank account number where you make all required payments,

- electronic index, where you will see all your exam grades and credit points for specific courses,

- email account.

REMEMBER!

When writing an e-mail to your lecturer or any employee of the university (Dean's Office, library, Rector's Office, etc.) - you should send it from your academic e-mail address under the domain student <u>www.student.pg.edu.pl</u>

USEFUL APPS

• mPG App: link.pg.edu.pl/mPG-en



Provides personalised access to important information about GUT: list of teachers and lecturers, complete campus map, personal class plan.

• eLearning App (eNauczanie App) link.pg.edu.pl/enauczanie-en-app



All online classes and teaching materials uploaded to this platform can be conveniently viewed, completed, and passed from your computer, tablet, or smartphone. Makes navigation easier and helps find materials and remote courses faster.

MANDATORY TRAINING

When you start your studies at GUT, you must complete 4 mandatory online courses:

- Training from eStudent platform,
- Health and Safety Training for students,
- Library Information Skills Level 1,
- eLearning (eNauczanie) introductory training for students.

You should complete them before the start of the academic year, but if you are unable to do so, you can do it during the first semester!

Remember to sign in to the eLearning platform at least once before the start of classes, because when you do, the coordinators will be able to assign you to their courses with learning materials.

PLATFORM ADDRESS:

link.pg.edu.pl/enauczanie-en

- you sign in like you do to the entire My GUT platform.

WIRELESS INTERNET (WI-FI NET)

You use free Wi-Fi anywhere on the GUT campus. In order to access the free Internet connection, you must configure your device according to the instructions available online at: <u>link.pg.edu.pl/eduroam-en</u>

E-MAIL ACCESS

You can access your e-mail through the following website: link.pg.edu.pl/webmail

You can sign in with the same data as to the My GUT Portal. When you are signed in, you can permanently change the application language in Settings (cogwheel icon, the language selection is available from the first dropdown menu).

HELPDESK (IT)

If you should have any questions, please contact the **IT Services Centre link.pg.edu.pl/cui-en**

contact form: <u>link.pg.edu.pl/helpdesk-en</u>

email: helpdesk@pg.edu.pl tel.: +48 58 348 63 37







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YOUR GRADES - ECTS POINTS

ECTS, the European Credit Transfer System, is your guide to points for the next few years.

This European point system is recognised by most academies.

• There are points assigned to all courses subject to grading in the curriculum.

• They are used to calculate the grade average (this is not the regular but the weighted average, where the weight of the given grade is the number of points).

• Points for specific courses are granted by faculty programme committees. Points corresponding to the given course are covered in the ECTS catalogue on the website of your faculty.

• It is assumed that a student should obtain 60 points over the course of the academic year.

• If you fail to obtain the appropriate number of points, you have a point debt.

No credit = point debt

EXAMPLE:

• Passing all courses mandatory in the given semester counts as 30 credit points.

• No credit in one course: minus 2 points.

• A semester can be passed conditionally with 28 credit points and a point debt, which you must pay off in the next semester (repeating the failed course and paying a fee).

• The permitted debt is up to 12 points, with the maximum time to make up the points being the subsequent two semesters.

• A debt of over 18 credit points means you will be removed from the register of students.



ACADEMIC TEACHERS

• Academic classes are conducted by academic teachers: holders of Master's and PhD degrees, PhDs with post-doctoral degrees, and professors. Sometimes you can also meet industry specialists.

• Academic teachers are to be addressed appropriately in conversation, when asking about them, and when addressing them in writing.

• Note the academic degree of the person in question, this is a form of respect towards their work and accomplishments.

• To avoid slip-ups, you can check the academic degree or title of the given teacher on the faculty's website, through faculty search, or in the office profile:

www.moja.pg.edu.pl/app/addressBook/

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• If the teacher is also the Dean or Vice-Dean of the faculty, you can also address him or her as "Dean". The same applies to Rectors and Vice-Rectors: we can address them as "Rector".

YEAR AND GROUP REPRESENTATIVE

YEAR REPRESENTATIVE

- handles the interests of students from one year;
- is appointed out of all group's representatives of the given major;

 handles organisational matters and establishes the exam session schedule in cooperation with group's representatives.

GROUP REPRESENTATIVE

- you appoint them together with all members of your group;
- this is an important person who determines the functioning of your group; you need to think your choice through;
- has impact on test times, extra credits, and laboratory and design groups;
- often receives learning materials from lecturers, which are then handed over to individual students in the group.

STUDENT RIGHTS AND RESPONSIBILITIES

When you are admitted to the university, you **need to undergo matriculation and take the oath specified in the Gdańsk University of Technology** bylaws in order to obtain your student rights.

At this point, you are also undertaking to obey a number of specific responsibilities.

All students commencing studies at the Gdańsk University of Technology **are entitled to training in student rights and responsibilities.** The training in question is provided by the university's Student Government in cooperation with the Students' Parliament of the Republic of Poland.

Student rights and responsibilities expire when the student graduates or is expelled. Students who completed a Bachelor's programme retain student rights until 31 October of the same year with the exception of rights to financial assistance.

Student rights and responsibilities are specified in the Regulations of Studies at Gdańsk University of Technology adopted with the resolution of the Gdańsk University of Technology Senate of 11 March 2020.

The regulations enforced by the Gdańsk University of Technology, including the Regulations of Studies, are available online at <u>www.pg.edu.pl/en/students</u>





EXAMS

At the beginning of the semester, all lecturers establish the way to pass their courses as follows:

• **Credit** – the total of achievements presented during tests; also covers activeness during exercises, laboratories, and lectures;

• **Test** – a verbal or written examination of the student's information, usually associated with completing exercises or seminars; serves as grounds for (partial or full) completion of the study course;

• **Exam** – held verbally or in writing during an exam sessio; in order to take an exam, you need a positive grade in the laboratories or exercises assigned to it;

Early exam – this is the first and voluntary exam attempt; usually takes place when the courses are still being held; if you pass it, you will have a longer summer or winter break, which means more time to rest.

Some lecturers have a condition – the early exam is open only to students who performed well in exercises, projects, or laboratories.

EXAM SESSION

• The basic examination session is arranged by the Rector and starts with **the first compulsory exam**.

• The ideal situation is when you pass all exams **on the first try.**

• However, there are still makeup sessions.

• If you still fail to get your credit, you must repeat the given course in the next academic year, which is subject to a fee.

• Sometimes the most active students who work hard throughout the whole semester are excused from exams by the lecturer.

• If, due to an unexpected random event, **you are unable to attend an exam**, **you can apply to have it rescheduled**. However, the reason for your absence requires a doctor's note or a different certificate. Unexcused exam absence will cause you to lose one exam attempt.

SCHOLARSHIPS

AVAILABLE FORMS OF FINANCIAL SUPPORT:

- social scholarship,
- disability scholarship,
- rector's scholarship,
- allowance,
- funded scholarship.

SOCIAL SCHOLARSHIP:

• Granted to students in a difficult financial situation.

• Granted to individuals demonstrating low income per household member.

• The application and the required documents are filed to the Scholarship Committee.

DISABILITY SCHOLARSHIP:

• Everyone with certified disability can apply for this scholarship regardless of the financial situation.

• The application and the disability certificate are filed to the Scholarship Committee.

The precise times for filing social and disability scholarship applications are announced with the start of the academic year. If you file the application within the established time, you will receive the benefit – as long as it is granted – starting for October.

RECTOR'S SCHOLARSHIP:

• The rector's scholarship is available to students with academic merits or accomplishments in sciences, arts, or sports in minimum national competitions.

• In order to obtain the rector's scholarship, you must file the appropriate application and attachments to the Social Committee.

ALLOWANCE:

• Granted to students in a temporary difficult life situation.

• The allowance can be granted up to twice a year.

• The allowance application is processed by the Scholarship Committee.

• The application must be filed within 6 months of the event.

All documents required in order to file proper scholarship applications and current information concerning the terms and conditions of granting scholarships are available on the website of the **Student Affairs Office**:

www.pg.edu.pl/dzial-spraw-studenckich/home

All document copies attached to the scholarship application must be certified for authenticity by a notary public, appropriate office, or member of the Scholarship committee to whom you are presenting the original document and the copy for certification.

REMEMBER!

• You have **the right to appeal against the decision within 14 days** of its collection.

• If you do not file the scholarship application within the established time, the grant will depend on the available resources in the scholarship fund reserve.

FUNDED SCHOLARSHIPS:

• Granted by sponsors, i.e. private enterprises cooperating with the university or the local government.

• You can file the application for this scholarship to the Dean's Office of your faculty.

DEAN'S OFFICE

• This is where you can take care of most key affairs of your studies.

• This is where you pick up your card, the required certificates, and diploma.

This is where you clear your exam sessions.

The Faculty of Electronics, Telecommunications and Informatics, the Faculty of Mechanical Engineering and Ship Technology, and the Faculty of Applied Physics and Mathematics have a queue system to the Dean's Office and the Faculty Scholarship Committee, which is integrated with the My GUT portal.

There is a device similar to a ticket machine at the Dean's Office, where you need to sign in with your student card and select the appropriate queue. You will get a number with the waiting time. There is also a website where you can monitor the queue system online: sk.pg.edu.pl/#/

FOR INFORMATION ON OPENING HOURS OF DEAN'S OF-FICE AND HANDLING AFFAIRS. PLEASE VISIT THE WEB-SITES OF THE APPROPRIATE FACULTIES:

www.pg.edu.pl/en/university/organisation/faculties

 You will learn the terms and conditions in scope of using the library resources during the mandatory Library Information Skill course. This course informs of the operations of the Gdańsk University of Technology Library and provides the standards enforced in scope of using the resourc-

• Your Electronic Student ID Card is also your library card.

• The students of the Gdańsk University of Technology accepted under the eRecruitment system already have accounts registered in the library system. Before placing a book order or using a library computer, students should activate their accounts on the GUT Library website:

www.pg.edu.pl/biblioteka-pg/main_page in the Library's online catalogue.







LIBRARY

es and services it offers.

• During account activation, you need to enter your login: 5200XXXXXX [XXXXXX is the student's ID number] and individual University e-mail address in the following format: sXXXXX@student.pg.edu.pl or the private e-mail address entered during registration in the eRecruitment system. The system will generate your password and send it to the provided e-mail address. Next, sign into the online catalogue with the generated password and change the password to the one of your choice. The account will be activated. The new password and login (5200XXXXX) will be required when you want to borrow books, browse the licensed electronic resources on and out of campus, and to use the computers available in the library.

GUT Main Library, branch libraries.

ALL GUT FACULTIES HAVE THEIR OWN LIBRARIES. FIND YOURS ON THE MAP:



GDAŃSK UNIVERSITY OF TECHNOLOGY MAIN LIBRARY AND BRANCHES

1. Main Library: Main Reading Room | Journals Reading Room | Lending Library | Information Centre | Special Collections Reading Room | Library Office.

- 2. Standards Reading Room | Interlibrary Loans | Information Science.
- 3. Faculty of Civil and Environmental Engineering Library.
- 4. Faculty of Architecture Library
- 5. Library Historical Section.

6. The Nanotechnology Regional Library (Faculty of Chemistry Library and Faculty of Technical Physics and Applied Mathematics Library).

- 7. Faculty of Management and Economics Library.
- 8. Faculty of Mechanical Engineering and Ship Technology Library.
- 9. Faculty of Mechanical Engineering and Ship Technology Library. 10. Faculty of Electronics, Telecommunication and Informatics Library.

EDUROAM

Students can take advantage of the Library's wireless internet provided by Eduroam – If you have any questions, ask the librarian or contact the IT Services Centre at pomoc.pg.edu.pl/form/



e-mail: helpdesk@pg.edu.pl tel.: +48 58 348 63 37

BORROWING BOOKS

You can order your books after signing in to the Library's home page from the GUT Library Online Catalogue. If you should have any questions, contact the GUT Lending Library: wypozyczalnia.bpg@pg.edu.pl or the branch library

of your faculty.

YOU CAN BORROW BOOKS FROM THE LIBRARY AS FOL-LOWS:

LONG-TERM BORROWING AT THE MAIN LIBRARY:

• Order your books from the Library's online catalogue (in the Library Store). Pick up the ordered books from the Lending Library or the self-service book lending machine.

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• Free access to the shelves in the Library Hall.

SHORT-TERM BORROWING:

- In faculty branches of the library.
- In the Main Reading Room.

Some of the resources are available onsite in the reading room only.

The library also has a scanner for your convenience.

Certain locations offer copying and printing services. If your books are overdue, the library charges a fine in accordance with the borrowing terms and conditions. If you do not pay the fine in time, your library account will be blocked until you do so. In such situations, please contact the librarian.

E-SOURCES

Don't forget about the electronic sources. Take advantage of the multisearch tool available on the Library's home page www.pg.edu.pl/biblioteka-pg/main_page

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This is where you can access the extensive offer of quality scientific resources online, including e-magazines, e-books, and academic e-textbooks, which you can use both on and out of campus.

If you are using a Gdańsk University of Technology computer, the system will connect you directly to the desired database. If you are using a computer outside of the GUT network, you will see an authorisation window with the sign in form, where you enter your: 5200XXXXXX (student's ID number) and your library account password.

CONTACT

GDAŃSK UNIVERSITY OF TECHNOLOGY LIBRARY Main Building, room 100/3 Gabriela Narutowicza 11/12, 80-233 Gdańsk e-mail: library@pg.edu.pl, wypozyczalnia.bpg@pg.edu.pl

International Cooperation Section at Gdańsk University of Technology Library URSZULA SZYBOWSKA, COORDINATOR e-mail: ursszybo@pg.edu.pl

STUDENT-FRIENDLY MATHS TAUGHT BY THE FACULTY OF THE GUT MATHEMATICS TEACHING AND DIS-TANCE LEARNING CENTRE (CNMIKNO)

• The math course content, number of math class semesters, weekly classes, and the number of ECTS points assigned to them vary according to the field of your studies. Go to <u>cnm.pg.edu.pl/main</u> and find Erasmus Students in the menu to find a roundup of the key differences between individual classes and links to course descriptions.

• You can also visit <u>cnm.pg.edu.pl/main</u> to find links to available educational materials in English for you to use.

EXAMPLES:

• Portal Mathematics, which provides language support in the scope of mathematics for foreign students and Polish students studying in English.

• Virtual Math Laboratories, which are applications supporting science education to increase learning efficiency and make science more attractive, thus helping understand the concepts and their applications.

Matlab applications supporting education of mathematics
<u>cnm.pg.edu.pl/aplikacje-matlab</u>

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• If you are an undergraduate, you will take a competence test during your first math class in order to check your initial level and adapt the materials to the most efficient learning. The test grade is not an element of the course grade!

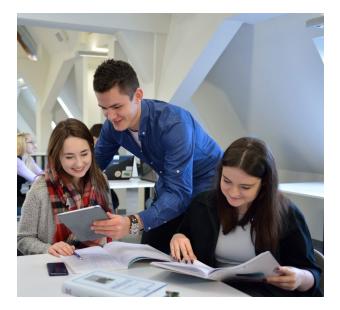
• Following completion of the basic math materials required of technical and science majors, all undergraduate courses involve the so-called eTest, which checks the obtained appropriate skills and knowledge of the students.

The eTest is available in two languages, Polish and English.

- The eTest grade is a component of the course grade. eTests are conducted through the university's GUT eLearning platform and in the multimedia rooms of the NanoB/CNMiKnO building.

- A trial test is available in order to help students prepare for the eTest. In every instance, the questions are randomly generated from the database of several hundred exercises. The database of the eTest conducted in the multimedia rooms is over twice as big :]

- All first-year undergraduate intramural students can access the trial eTests after signing in to the university's GUT eLearning platform with the academic account.



• All math courses usually have an assigned on the GUT eLearning platform, where you can find organisational information, scientific data supporting the learning process, and a virtual space for communication between the students and their professors.

Sometimes a part of the course held onsite at the university is conducted on the university's GUT eLearning platform. One such course is "Linear Algebra Basics", which is composed of educational materials and activities such as exercises and tests, which are available in both Polish and English.

• Written test and quizzes usually take place during the semester. The math exam for most courses is held following the end of the winter semester.

REMEMBER!

CNMiKnO teachers offer consultations for all students attending the classes. These meetings help students fill in the gaps in their knowledge and skills and do some individual work to expand and explore their math skills. The consultations are held at the university and as online webinars on the university's e-learning platform or through MS Teams. The consultations are free of charge!

Never be afraid to ask questions and seek help – even when you have concerns towards the organisation of classes or course passing standards.

For more information about **CNMiKnO**, please visit cnm.pg.edu.pl/



FOREIGN LANGUAGE STUDIES

You can take the following courses at the Language Centre: English, German, French, Spanish, Italian, Russian, Swedish, Chinese and Polish for foreigners.

We also offer commercial Japanese courses.

BENEFITS FROM FOREIGN LANGUAGE COURSES

During the language courses:

• you will learn about the elements of specialist technical and academic languages,

 you will learn how to analyse specialist texts and interpret data,

• you will learn the secrets of creating presentations and self-presentations,

• you will learn how to conduct academic debates and discussions,

• you will have the opportunity to take part in language clubs, which integrate Polish and international students.

IMPORTANT!

All students completing a foreign language course in scope of undergraduate studies have to take a B2 or C1 exam. When you pass the exam, you will receive the ACERT academic certificate, which is recognised by higher education institutions in Poland and abroad. For more information about the certificate, please visit:

cjo.pg.edu.pl/en/home-page and go to the Exams tab.



POLISH FOR FOREIGNERS

If you need help learning Polish and the local culture, come to the Language Centre. At the start of every semester, the Centre opens a free-of-charge Polish course for beginners and also offers intermediate courses and summer courses for candidates for enrolment. The Polish teachers also offer personal and online consultations for their students.

LANGUAGE CENTRE

Building B, level 300 tel.: +58 347 23 08 e-mail: logos@pg.edu.pl cjo.pg.edu.pl



MAKE YOUR IDEAS COME TRUE

The Gdańsk University of Technology will help you make your scientific, business, or social ideas come true. **This is where you can go for support:**

• CENTRE FOR KNOWLEDGE AND TECHNOLOGY TRANS-FER.

The Centre commercialises research. What does this mean in reality? The inventions, ideas, and research of scientists obtain the support they require to change the world and bring real benefits to the businesses taking advantage of them.

The Centre covers the entire university and manages its research results. It provides administrative assistance, promotes new research and technologies, and supports academic business: <u>ctwt.pg.edu.pl/main</u>

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www.linkedin.com/company/ctwt-pg





www.facebook.com/CTWTPG



• EXCENTO SP. Z O.O.

This is a special purpose vehicle of the Gdańsk University of Technology, which brings together the worlds of science and business. **Its main objective is to provide support to** **GUT** scientists in scope of commercialising the results of their research and development. The company is also open to cooperation with students in order to provide support in development and commercial release of interesting ideas.



www.linkedin.com/company/excento/





www.facebook.com/ExcentoPG



EXCENTO SP. Z O.O. OFFICE ADDRESS: Al. Zwycięstwa 27 (I floor), Gdańsk

CONTACT: tel.: +48 58 348 66 40 e-mail: biuro@excento.pl

• PROTOLAB

This is the place where GUT students and science staff can expand and test their ICT concepts on cutting edge devices and machines 24 hours a day. This is where you go to measure, weld, cut with CNC, or print on 3D printers until your general idea obtains a real form and turns into a prototype.

This is where you can meet other enthusiasts, establish interesting contacts, share your knowledge and ideas, or perhaps even find partners for a new science project.

ProtoLab has 3 technology workshops providing training in scope of machinery operation and the option to rent out some of the equipment.

MORE INFORMATION: www.excento.pl/e-pionier/protolab/

• GUT ACADEMIC BUSINESS INCUBATOR

The Incubator helps you establish your own business, in scope of which you can expand your original concepts resulting from the research you conduct at the university.

This is where you go to find help in establishing cooperation with numerous business support institutions.

MORE INFORMATION: ctwt.pg.edu.pl/offer-for-students

• SWALLOWS OF BUSINESS (JASKÓŁKI PRZEDSIĘBIORCZOŚCI)

If you have an innovative and interesting business idea, you can enter the contest for the best science and business venture project – the Swallows of Business. Enter to win an opportunity to carry out your idea and obtain the required financial and scientific assistance.

MORE INFORMATION: twt.pg.edu.pl/offer-for-students

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• PATENT INFORMATION CENTRE

(of the GUT Patent Attorney)

Patent Information Centre located at Gdansk University of Technology (PATLIB Gdansk) provides access to patent information – information about intellectual property (IP) rights, especially industrial property.

Over 80% of technological information published worldwide is available in patent literature.

www.epo.org/searching-for-patents/helpful-resources/ patlib.html

PATLIB Gdansk has access to non-commercial and commercial patent databases and offers other patent

information services. These can include:

 searching in patent databases – state of the art analyses, patentability analyses, Patent landscaping, legal status of IP rights),

• monitoring of IP rights,

• patent statistics in the field of IP rights (providing information on: trends in technology, technology and competitor watches,

- providing training in the field of patent information and patent databases,
- patent valuation/audits,
- advice on patent strategy.

MORE INFORMATION:

www.pg.edu.pl/zespol-rzecznikow-patentowych/mainpage

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GUT CULTURAL EVENTS

You may be enrolled at a technological research university, but the **Gdańsk University of Technology also organises and initiates numerous social and cultural events** for you to attend. The most important ones are discussed below. Information on all events appears regularly on the university's website and its social media pages, which you should follow if you want to be up to date.

CEREMONIAL SESSION OF THE GUT SENATE

Every academic year has at least three ceremonial sessions of the GUT Senate, which are open to everyone:

• **in October** (to celebrate the inauguration of the academic year),

• **in December** (to present internal awards and medals to GUT employees and to recognise GUT professors emeritus),

• in March, during the Days of the Gdańsk University of Technology (to celebrate academic promotions).

When the Gdańsk University of Technology awards its honorary degrees, it is a special occasion to convene an official open session of the GUT Senate. Such degrees are awarded to people with exceptional scientific accomplishments of particular merit to our university. Such sessions of the Senate always involve a lecture of the honorary degree recipient, which touches upon interesting problems in the world of science from a unique perspective. The entertainment for the open Senate sessions is provided by the Academic Choir of the Gdańsk University of Technology.

You should attend at least one ceremonial session of the senate to **experience the unforgettable atmosphere and see all of the top representatives of the academic body.**

OPEN GDAŃSK UNIVERSITY OF TECHNOLOGY

Concerts, exhibits, open lectures, meetings with authors - these are the events offered in scope of the Open University to the entire academic community and residents of the Tricity agglomeration. The mission of this initiative of

the Gdańsk University of Technology is to promote science, technology, and culture through organisation of educational and cultural events for a wide audience. The Open University provides the opportunity to raise your sensitivity and expand your knowledge and interests.

MUSIC

If you love music or want to take an interest in classical music, you need to come to **the concerts held during the Open University**. The musical events include **performances of famous composers by young artists, renowned orchestras, and the Academic Choir of the Gdańsk University of Technology**. The outdoor concerts held in mid-June in the beautiful area of the Main GUT Building are particularly noteworthy. The most recent one saw over fifteen hundred people of all ages spend the evening listening to world class compositions.

LECTURES AND MEETINGS

If you want to learn something from outside your area of studies, the Open University has something just right for you. **The #CuriousAboutScience series covers monthly meetings with experts** in a convenient format and pleasant atmosphere with discussions about the current problems of science and the contemporary world, including global warming, the impact of microplastics on the environment and human health, and artificial intelligence. **The series "It's good to..." covers meetings with celebrities:** artists, journalists, or athletes, who talk about themselves, their work, their choices, and their ways of life.

EUROPEAN NIGHT OF THE MUSEUMS

The European Night of the Museums is an annual event held at the Gdańsk University of Technology every May. This is a unique opportunity to learn more about the interesting history of our university and its architecture, visit areas, which are normally off limits, and attend science presentations, games, and artistic events. During the 2019 European Night of the Museums, the GUT campus was visited by over 1500 people!



Please remember that you can bring your friends and family from outside of GUT to all of these events. In most cases, admission is free of charge.

FOR MORE INFORMATION, PLEASE VISIT: www.pg.edu.pl/en/local-community/open-gdanskuniversity-technology

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www.facebook.com/PolitechnikaOtwarta



BALTIC SCIENCE FESTIVAL

The Baltic Science Festival is one of the biggest events of its kind in Poland and is always popular among the people of Pomerania. This is a tremendous opportunity to learn something about the research being conducted in the region and the newest technological accomplishments in an interesting and attractive format. During the festival, which is held at GUT every May, our university is visited by over 15 thousand people! There are numerous events prepared by the students and faculty of the Gdańsk University of Technology for the Baltic Science Festival in various fields of science – from architecture, through life sciences and math, to automation and robotics or artificial intelligence. You can attend workshops, discussions, lab presentations, lectures, multimedia presentations, or science picnics. The Festival also opens the opportunity to visit the academic workshops and labs, which are normally off limits to visitors.

The Festival is open to everyone, regardless of education or age. Admission is free, but certain events require advance registration.

FOR MORE INFORMATION ABOUT THE BALTIC SCIENCE FESTIVAL, PLEASE VISIT: www.festiwal.pg.edu.pl





DORMITORIES

The Gdańsk University of Technology has twelve Student Houses accommodating 3000 people and located in three districts:

Traugutt's estate: DS1, DS2, DS3, DS4, DS12 Wyspiański housing estate: DS5, DS6, DS7, DS8, DS9, DS10 Brzeźno: DS11

If you want to apply for accommodation in one of our dorms or rent out an apartment/room/house in Gdańsk, please contact the International Students and Visitors Office (tel. +48 58 347 2828). ERASMUS + students who want to live in a student house or rent a home are requested to contact ESN at the following e-mail address: erasmus.gdansk@esn.pl



REMEMBER!

There is not enough room for everyone interested and accommodation is granted on a "first come, first serve" basis. Submit your application as early as possible!

GENERAL ACCOMMODATION REQUIREMENTS:

- you must pay a deposit PLN 300 (approx. €65), which will be returned to you upon conclusion of your stay;
- you must pay rent at the beginning of every month prices: 80-120€ per bed depending on building and room standard;
- you can stay in your dorm during the summer, but the rent will be higher than it is during the academic year.

REMEMBER!

If you are unable to procure a place in a dorm at the beginning of the academic year, it's not a complete lost cause. Places in dorms are vacated all year round, so pay attention. The times for filing applications and release of referrals to student houses are established by The Appeal Scholarship Committee.

FOR MORE INFORMATION ABOUT ACCOMMODATION IN STUDENT HOUSES, PLEASE VISIT:

www.pg.edu.pl/en/students/student-life/accommodation



ADAPTING AT GUT

Students arriving from abroad may experience a culture shock, which is an element of adapting to the new environment, a different and strange culture, and a different style of teaching or studying.

A culture shock may be produced by numerous factors, including the obvious ones like different food, weather, lifestyle, and customs, as well as the simple fact of being away from home. It can be accompanied by a sense of isolation, anxiety, concern, reduced performance, helplessness, reduced energy, insomnia or excessive sleepiness, and sometimes even psychosomatic disorders.

But you shouldn't give up, you just need to realise that a "culture shock" is something completely natural and experienced by almost everyone who stays, works, or studies in a foreign country for a longer time.

THERE ARE NUMEROUS WAYS TO MINIMISE THE NEGA-TIVE AND OFTEN UNPLEASANT CONSEQUENCES OF "CUL-TURE SHOCK", INCLUDING THE FOLLOWING:

• Try to take advantage of every chance to build a network of contacts with other students from your country, but also with other foreigners and local students. Join a student organisation or science club, where you can meet people with interests similar to your own, e.g. robotics or hiking. Never be afraid to take part in some new activity, for which you never had the time or means.



• Don't judge, don't criticise, don't compare your culture to the local one. You need to be aware that all countries have their own customs, which may seem strange to outsiders.

• Don't give in to stress and try to fight it. Never hesitate to take advantage of professional assistance if your symptoms of culture shock are still strong despite all you have done to overcome them [see: Psychological Assistance in Chapter: Medical Care].

• Think about the positive aspects of culture shock. People who experience adapt better to the new environment.

• Give yourself some time to adapt. Regardless of what kind of situations you encounter, try to keep a positive state of mind and a sense of humour.

If you are experiencing a "culture shock", you can read the advice from our international alumni, who came to our university from different parts of the world and decided to share their experiences with us after graduation:

• **keep in touch with your ethnic group**; this will give you a sense of belonging and reduce the feeling of loneliness and alienation;

• learn the new culture, see new places, start learning Polish;

 do some volunteering work or initiate some social activity on your own. This will give you a chance to practice the language you are learning and make you feel like you are doing something important and satisfying;

• don't be afraid to ask questions, be open to other people;

 distribute your time between visiting, enjoying and studying. Plan small weekend trips and socialize more with natives as well as other nationalities rather than fellow citizens;

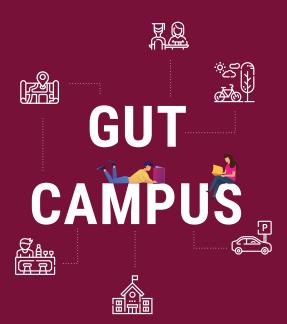
• proactively look for and take part in activities and initiatives organized by the University. But also take part in events organized in the metropolitan area of Tricity: there is really a lot going on;

• try to think positively, the sun always comes up after a storm.

During the academic year, the Gdańsk University of Technology hosts international events to promote the cultures of Poland and other countries, share our experiences, and present the professional career paths in Poland and other European countries – join us now, especially during the Christmas Eve meetings or at the GUT International Career Day job fair.

FOR INFORMATION ON INTERNATIONAL EVENTS, PLEASE VISIT THE WEBSITES OF THE INTERNATIONAL RELATIONS OFFICE, CAREERS OFFICE, SCIENCE CLUBS, STUDENT OR-GANISATIONS, AND YOUR OWN FACULTY.







GUT CAMPUS

Did you know that you are studying at one of the most beautiful campuses in Europe?

The GUT campus is one of the oldest such facilities in Poland.

According to the prestigious Times Higher Education, it is among the 10 most beautiful campuses.

There are buildings over 100 years old standing right next to modern facilities, which house over 250 laboratories.

The symbol of the university is the monumental GUT main building, which was erected in the style of Northern Neo-Renaissance.

The southern courtyard, which is home to the Foucault pendulum, is named after Johannes Hevelius, while the northern one is named after Daniel Gabriel Fahrenheit, both famous scientists born in Gdańsk.



COMMUTING TO THE UNIVERSITY

The GUT campus is located in the very heart of Wrzeszcz district. This is a very good transit hub.

• The street car stop nearest the GUT Main Building is named Politechnika. Routes 5, 6, 9, 11, and 12 stop here.

• The Opera Bałtycka bus stop is also located nearby. Bus routes 115, 283 and the night routes stop here.

• People commuting from the southern parts of the city can get off on Siedlicka stop, which services bus routes 168 and 199.

• The SKM Fast Urban Rail station is located behind the characteristic Baltic Opera House, approximately 10-15 minutes on foot from the Main Building. The Wrzeszcz train station – the biggest transit hub in the area – is just two street car stops away in the direction of Gdynia. In addition to SKM, the station also supports PKM – the Pomeranian Metropolitan Railway.

SKM AND PKM ROUTE TIMETABLES:

www.koleo.pl/en/



• **GUT is also in a good location to come by bike** as it is surrounded by numerous cycling routes. There are plenty of bicycle parking points on campus, some of which were developed in scope of the civic budget. In the event of any malfunctions, you can also take advantage of the public bicycle repair stations scattered throughout the campus.

• Gdańsk offers numerous options of car, scooter, or kick scooter rentals.

FOR MORE INFORMATION, PLEASE VISIT:



www.ztm.gda.pl





MAPS AND TRAFFIC SIGNS

- There are 13 direction signs and eight maps available within the premises of the university for your convenience.
- Besides the signs, there is a campus map board at every entrance to the university.
- All signs and maps are in two languages.

PARKING

Students can park their cars in two parking lots, which are located at ul. Traugutta:

• the first is located directly behind the Electronics, Telecommunications, and Informatics Building;

• the second is located between the Technical Support Centre and the Linte^2 Laboratory.

IMPORTANT!

In order to access the parking lots, you must have your student card activated in the barrier control system.

ACTIVATING THE STUDENT CARD IN ORDER TO ACCESS PARKING LOTS

SIGN UP ON THE LIST

The list is available at the Student Government The signup times and locations will be published on the following website: <u>samorzad.pg.edu.pl</u>

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The list is forwarded to the office of the GUT Property Protection Department, which – after collecting the annual fee – activates the student card in the system for the given academic year.

MAKE THE PAYMENT

The parking space prices and terms are specified in the terms and conditions available on the website of the Student Government.

PICK UP YOUR CARD

LEISURE ZONES

There are plenty of locations within the premises of the GUT campus for you to relax and find the right conditions to work alone or with others.

• There are such **work and leisure zones** available in places like the Main Building, Nanotechnology Centre B, and the ProtoLab.

• There is a **foosball zone** on the ground floor of Building B.

• **The REST** [Recreation and Education Station] on the fourth floor of the Main Building is very popular among not only the students of the Faculty of Architecture, who developed it. You can often see someone taking a nap in this cosy glazed area... as long as they remember to take off their shoes!

• Numerous similar locations were developed in scope of the civic budget of the Gdańsk university of Technology. The TV rooms in student houses were transformed into versatile multimedia rooms for presentations, cultural evenings, and entertainment events.

• There are **picnic spots and benches** in the outdoor green areas and even an outdoor gym in front of the Faculty of Electronics, Telecommunications and Informatics!



FACILITIES FOR STUDENTS WITH DISABILITIES

• Most buildings of the Gdańsk University of Technology and some dorm rooms are adapted to the needs of students with disabilities. They offer appropriate access platforms, stair lifts, elevators, and generally accessible lavatories.

• The GUT Library offers text magnification devices (optical and electronic magnifiers) and computers configured to the needs of people with poor vision or in wheelchairs. The university also offers support through digitalisation of its learning materials.

RECTOR'S REPRESENTATIVE FOR ACCESSIBILITY: PhD. D.Sc Architect Marek Wysocki

STUDENTS WITH DISABILITIES CAN COUNT ON ASSIS-TANCE OF THE FOLLOWING:

- supporting assistant tasked with assisting the student during classes;
- student assistant, who helps the student adapt in the student community and peer communication;
- faculty assistant, an academic teacher providing support to the student throughout studies (does not serve as a tutor).

Students and postgraduates with various dysfunctions and health conditions are entitled to an individual curriculum, which gives them the option to take part in advanced year courses, pass classes extramurally, or arrange individual dates and alternative ways to pass courses with professors.

DEFIBRILLATORS

Within the civic budget, the Gdańsk University of Technology has purchased 30 defibrillators, including cases and accessories.

The lifesaving equipment is located in points of the GUT campus with the heaviest traffic, in student dormitories, and in the "Czarlina" GUT Resort.

The buildings equipped with automated external defibrillators are marked with special signs.



BARS AND BUFFETS

Want to get something to eat? Hot, cold, with gluten, fully vegetarian, express snack before a class, and full dinners for days when you have classes until late afternoon.

Check out the list of bars on campus where you can grab a bite to eat between classes.

MIKAWA CAFE BAR

Main Building, floor -1 (building no. 1 on campus map).

• Cold and hot sandwiches, soups, tortillas, toasts, pastas, salads, selection of coffees, pies, cocktails, desserts.

GASTRONOMIA SERWIS KOLBA

Between the Main Building and Chemistry Building B.

• Sandwiches, salads, breakfasts, lunches, fast food, hot and cold beverages, sweets.

LOVEAT

Auditorium Novum Building, ground floor (building no. 17 on campus map).

• Sandwiches, hot and cold baguettes, salads, soups, coffee, cocktails, freshly squeezed juices, tea, beverages.

PASIBRZUCH

Bratniak Building, KWADRATOWA Academic Club (building no. 23 on campus map).

• Crepes, pasta, dumplings, tortillas, fast food, beverages.

SMACZNEGO BAR

Electrical and Control Engineering Building at G. Narutowicza Street, ground floor (building no. 12 on campus map).

• Breakfast, sandwiches, dumplings, coffee, tea, beverages.

KAMBUZ BAR

Former Faculty of Ocean Engineering and Ship Technology Building, ground floor, to the left (building no. 30 on campus map).

• Sandwiches, salads, breakfast, lunch, fast food, hot and cold sandwiches, hot and cold beverages, pies.

GO-IBO BAR

Former Faculty of Ocean Engineering and Ship Technology Building, ground floor, to the right (building no. 30 on campus map).

• Hot and cold sandwiches, breakfast, salads, soups, lunch, fries, coffee, cocktails, freshly squeezed juices.

FRESZ CAFE

Management and Economics Building, ground floor (building no. 50 on campus map).

• Breakfast, sandwiches, lunch, soups, desserts, beverages, coffee, tea.

CAMPUS MAP

DS1,2,17

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Take our virtual campus tour at www.campus.pg.edu.pl



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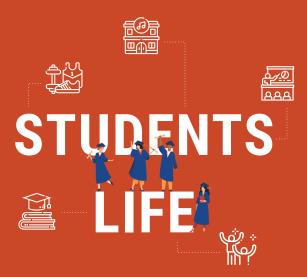
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- 1 Gmach Główny Main Building
- 2 Dział Promocji / Sklep z pamiątkami Promotion Unit / Souvenir's shop
- 3 Portiernia Główna Main Reception
- 4 Centrum Nanotechnologii A Nanotechnology Centre A
- 5-7,13 Wydział Chemiczny Faculty of Chemistry
 - 8 Magazyn Odpadów i Odczynników Chemicznych Waste and Chemical Reagents Storage
 - 9 Portiernia
 - Reception
 - 10 Gmach B Building B
 - 11 Hydromechanika
 - Hydromechanics Building
 - 12, 26 Wydział Elektrotechniki i Automatyki Faculty of Electrical and Control Engineering
 - 14 Dział Międzynarodowej Współpracy Akademickiej International Relations Office
 - 15, 40 Wydział Mechaniczny Faculty of Mechanical Engineering
- 16, 20 22 Wydział Inżynierii Lądowej i Środowiska Faculty of Civil and Environmental Engineering
 - 17 Auditorium Novum Auditorium Novum
 - 18 Centrum Nanotechnologii B / Centrum Nauczania Matematyki i Kształcenia na Odległość Nanotechnology Centre Building B Mathematics Teaching and Distance Learning Centre
 - 23 Bratniak / Klub Kwadratowa Bratniak / Kwadratowa Club
 - 25 Studenckie Koła Naukowe Student Scientific Circles
 - 26 Wydział Elektrotechniki i Automatyki (Budynek Wysokich Napięć) Faculty of Electrical and Control Engineering (High Voltage Building)
 - 27 Centrum Wiedzy i Przedsiębiorczości Knowledge and Entrepreneurship Centre
 - 29 Gdański Uniwersytet Medyczny (ZOZ) Medical University of Gdańsk (Health Care Building)
 - 30 Wydział Oceanotechniki i Okrętownictwa Faculty of Ocean Engineering and Ship Technology
 - 1, 42 Wydział Elektroniki, Telekomunikacji i Informatyki Faculty of Electronics, Telecommunications and Informatics
 - 43 Wydział Inżynierii Lądowej i Środowiska (Laboratorium Badań Drogowych) Faculty of Civil and Environmental Engineering (Road Research Laboratory)
 - 44 Wydział Oceanotechniki i Okrętownictwa (Laboratoria naukowe) Faculty of Ocean Engineering and Ship Technology (Scientific Laboratories)
 - 50 Wydział Zarządzania i Ekonomii Faculty of Management and Economics
 - 60 Wydział Elektrotechniki i Automatyki (LINTE^2) Faculty of Electrical and Control Engineering (LINTE^2)
 - 61-64 Wydział Elektrotechniki i Automatyki Faculty of Electrical and Control Engineering
 - 65 Centrum Obsługi Technicznej Technical Services Centre
 - 70 72 Centrum Sportu Akademickiego Akademic Sports Centre
 - 73 Wydział Architektury (3D Studio) Faculty of Architecture (3D Studio)
- DS 1-13 Domy Studenckie Dormitories







CIVIC BUDGET AT GUT

Bicycle parking space, leisure zones, defibrillators, queue system – these and other projects have been carried out on the campus in scope of Civic budget of the Gdańsk University of Technology. GUT is the first university in the region to have launched such an initiative.

Project submissions are opened in one of the early months of the academic year. The ideas of the students, PhDs, and GUT employees can cover investments and renovations. The ones with the most votes are entered in the university's budget.

FOR DETAILED INFORMATION, INCLUDING THE TERMS AND CONDITIONS OF THE GUT CIVIC BUDGET, PLEASE VISIT:

www.pg.edu.pl/budzet_obywatelski



STUDENT GOVERNMENT AT GUT

The Student Government is the sole statutory representative of the students attending the university.

It does everything in its power to benefit the student community in the following four general areas:

- protection of student rights, dignity, and interests,
- initiation of culture and entertainment,
- initiation of charity campaigns and involvement in general academic projects,
- social affairs.

ELECTIONS TO THE STUDENT GOVERNMENT

• You can influence the actions of your Student Government and involve yourself in its activity. • Common student elections are held every academic year at all faculties to elect the representatives of Faculty Student Councils (WRS) and deputies to the Gdańsk University of Technology Student Parliament (PSPG).

• In the next step, the parliament appoints the president and vice presidents of the GUT Student Government, who are in charge of coordinating the activity of the entire Student Government.

• As a student, you can vote for individuals you see suitable for these positions or enter the running yourself.

• You can also involve yourself in activity of the Student Government by entering recruitment to the Programme Committees of the GUT Student Government. The Committees organise training courses, parties, conferences, etc. for students.

FOR DETAILS CONCERNING THE STUDENT GOVERN-MENT'S ELECTIONS AND ACTIVITY, PLEASE VISIT: samorzad.pg.edu.pl



FACULTY STUDENT COUNCILS:

- are active at all faculties;
- cooperate with the authorities and administration of the given entity and make sure that no decisions detrimental to the interests of the student community are made;

 organise visits to companies operating in the industries corresponding to the fields of studies, interesting training courses, and numerous other events, including hazing and faculty days;

• are open to all students willing to take action and fulfil their ideas.

The GUT Student Government and its Council are located in the BRATNIAK building, suite 215 (building no. 23 on campus map).

campus.pg.edu.pl



STUDENT DISCOUNT CARD

Always remember to bring your Student Discount Card to take advantage of discount for delicious meals, language courses, or recreation in your free time.

The card is free of charge and available to all students. You can obtain one during promotional campaigns and from the GUT Student Government.

You can also apply for one on the "GUT Student Government Student Discount Card" fanpage at



www.facebook.com/StudenckaKartaRabatowaPG



GUT SCIENTIFIC CLUBS AND STU-DENT ORGANISATIONS

Student life is more than just studying and partying. You can always join a scientific club or student organisation – this will be an interesting experience where you will learn new skills, meet some interesting people, and thus have an easier time adapting at our university.

The Gdańsk University of Technology offers you the opportunity to explore your academic, athletic, or social assistance passions. You can organise conferences, take part in interesting research projects, and develop global science projects.

Scientific clubs are academic student organisations aimed towards science activity and self-education of its members. They are open to all students of the given university, even those from other faculties. This is an excellent way to get involved in academic life, but also a unique opportunity to raise your grades or receive a science scholarship.

A SCIENTIFIC CLUB GIVES YOU THE OPPORTUNITY TO:

- fulfil your passions;
- expand your knowledge;
- meet active people with similar interests;

• take part in various projects, conferences, and initiatives to broaden your horizons.

GUT has numerous inter-faculty and faculty clubs. Click the link below to see the complete list of clubs and their profiles:

www.pg.edu.pl/en/students/student-activities/scientific-clubs

The scientific clubs are located in the yellow building at the address of Al. Zwycięstwa (No. 25 on the campus map). GUT campus map: <u>campus.pg.edu.pl</u>



STUDENT ORGANISATIONS

The university has numerous student organisations, which are active on a broad scale. You will definitely find something just right for you. The biggest and most important organisations for foreign students are presented below:

BEST (BOARD OF EUROPEAN STUDENTS OF TECHNOLO-GY) GDAŃSK ASSOCIATION

At present time, there are 82 local BEST units in over 30 countries throughout Europe.

The BEST Gdańsk Association was established in 2003. This is an apolitical non-profit organisation managed by students. Its official language is English. **The main objective of BEST is to bring up a new generation of European engineers.** The Association is open to learning about people and the world. **It organises science events** which broaden horizons in the European community, **and provides a good career start** with its numerous presentations of companies and training course cycles. In scope of its annual activity, the Association has organised themed projects open to students of all faculties of the Gdańsk University of Technology.

Its projects include the following:

- Engineering Job Fair,
- EBEC European BEST Engineering Competition,
- BEST Science Course,
- BEST Career Meeting,
- FOKA Organisation and Academic Circles Forum.

BEST

Bratniak buildng 23, suite 303 e-mail: BEST@best.gdansk.pl www.best.gdansk.pl



ESN (ERASMUS STUDENT NETWORK)

A non-profit organisation **aiming to provide assistance to foreign students and Polish students open to foreign student exchange**. It also helps Erasmus and other students active in the section pass their time by organising trips, projects, courses, and themed events.

ESN GDAŃSK

Misiówka building 14, suite 001



Fan page: www.facebook.com/ESNgdansk/



e-mail: esn@pg.gda.pl www.gdansk.esn.pl/en



IAESTE (INTERNATIONAL ASSOCIATION FOR THE STU-DENTS FOR TECHNICAL EXPERIENCE)

The organisation is active in over 80 countries throughout the world, is almost 60 years old, is independent, apolitical, non-profit, and collaborates with UNESCO, UN, EU, and numerous educational organisations.

The main activity of IAESTE focuses on sending students on PAID FOREIGN internships.

IAESTE LOCAL COMMITTEE Bratniak building 23, suite 305 e-mail: pg.gdansk@iaeste.pl pgd.iaeste.pl/



ESTIEM (EUROPEAN STUDENTS OF INDUSTRIAL ENGI-NEERING AND MANAGEMENT LOCAL GROUP) LG GDAŃSK

This student organisation was established in 1999 at the Gdańsk University of Technology. It connects active engineering and management students from 61 higher education institutions in 25 European states and carries out numerous projects too gain new skills and experience.

ESTIEM

Bratniak building 23, suite 305 e-mail: kontakt.gdansk@estiem.org www.estiem.pl/

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CLICK THE LINK BELOW TO SEE THE COMPLETE LIST OF ORGANISATIONS ACTIVE AT GUT:

www.pg.edu.pl/en/students/student-activities/student-organizations

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OTHER STUDENT ORGANISATIONS

Do you have an idea for your own organisation or science club?

If none of the existing associations are right for you and your hobby, create something new.

Here are some guidelines on how to go about it:

The application for registration of a student organisation must be filed by minimum five founders.

It should include the following:

organisation name and location,

• first and last names of the founder students, their faculties, years, and album numbers,

 opinion of the GUT Student Government (president of the GUT Student Government, representative in charge of organisational affairs, or individual authorised by them) concerning the demand for establishment of such a science club or organisation,

 for science clubs, you will also need the declaration of a specific faculty member to serve as the research supervisor and the opinion of the dean of the faculty appropriate to the club.

FOR MORE INFORMATION, PLEASE CONTACT THE STU-DENT AFFAIRS OFFICE.

STUDENT AFFAIRS OFFICE

Bratniak building 23, suite 211 tel. + 48 58 347 12 10 e-mail: dss@pg.edu.pl

ACADEMIC SPORTS CENTRE

WARM UP

The Gdańsk University of Technology **Academic Sports Centre is located in Wrzeszcz** at the main traffic hub near the Fast Urban Rail, the street car line, and the bike route. If you want to warm up before the proper workout, you can get there on your bike, rollerblades, or just jog.

TRAINING

The regular training takes place at the sports arena, the rowing facilities, the aerobics hall, the weight room, the pitch, or the swimming pool.

During the organisational class, the coach will interview you to assess your abilities and assign you to the appropriate group. If you are experiencing problems with your health and may have issues with exercising, you will receive a corrective exercises plan just for you. All you will need is a note from your doctor.

COMPETITION

If you are a talented athlete, you can join one of the sports clubs, which represent our University in the Academic Championships of Poland in over 40 disciplines. As the championships are high-ranking, the coach will extensively test your athletic ability and potential contributions to the club before you are accepted. In scope of this activity, you will attend competitions, which are also a great opportunity to meet new people and see new places. The GUT authorities will finance the costs of such excursions fully or partially and the best competitors will receive additional recognition in the form of scholarships, not to mention all the medals.



THE GDAŃSK UNIVERSITY OF TECHNOLOGY TOOK FIRST PLACE IN THE ACADEMIC CHAMPIONSHIPS OF POLAND IN THE 2019/20 SEASON

If you are a member of a GUT sports club, you are excused from physical education classes. This also applies to participation in the skiing and sailing camps and sports leagues organised by the Centre.

List of sports clubs:

- Competitive aerobics
- Badminton
- Duplicate bridge
- Women's futsal
- Men's futsal
- Judo
- Karate
- Mountain biking
- Women's basketball
- Men's basketball
- Women's track and field
- Men's track and field

- Skiing and snowboard
 - Women's handball
- Men's handball
- Men's football
- Swmming
- Chess
- Tennis
- Table tennis
- Powerlifting
- Rowing
- Climbing
- Sailing



If you have any questions concerning physical education classes or want to join one of the clubs, contact our coordinator:

RAFAŁ KASPRÓW

e-mail: rafal.kasprow@pg.edu.pl

RENTAL

The Academic Sports Centre rents out football pitches, a sports arena, weight room, rowing facilities, an aerobics room, judo room, swimming pools, and tennis courts. **Students have a 50% discount.**

FOR MORE INFORMATION, PLEASE CONTACT: AGNIESZKA GŁOWACKA tel.: +48 58 347 15 89 e-mail: agnieszka.glowacka@pg.edu.pl

THE ACADEMIC SPORTS CENTRE OF THE GDAŃSK UNI-VERSITY OF TECHNOLOGY Al. Zwycięstwa 12

tel.: +48 58 347 25 00 csa.pg.edu.pl/en



THE VOLUNTEER CENTRE

www.pg.edu.pl/en/volunteer-center

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The Volunteer Centre was established to popularize the idea of volunteering in the academic community of the Gdańsk University of Technology. We are convinced that by sharing our knowledge and skills, helping others, we can contribute to lasting social changes, promoting attitudes of openness and tolerance.

COVID - 19 - YOU CAN HELP!

We are involved in the #GdańskPomaga campaign - an initiative that brings real help to all those who are hindered or prevented by the epidemic threat from functioning: the elderly, students, as well as healthcare and hospital services.

EDUCATIONAL VOLUNTEERING

Share your knowledge with students, develop coaching and teaching skills and conduct the classes yourself!

EVENT-BASED VOLUNTEERING

If you want to help organize a festival, concert, fundraiser and other cultural, social, scientific or sports events - contact us.

MULTICULTURAL VOLUNTEERING

As part of the multicultural volunteering program, we regularly organize integration workshops for Polish and foreign GUT students. Our students help their foreign university colleagues to get to know the city, Gdańsk University of Technology and to feel like at home.

The student can also become a mentor and, as part of multicultural mentoring, help other foreign volunteers learn about Gdańsk, Polish customs and culture. It is also possible to go abroad and help as part of volunteering abroad.

"KWADRATOWA" STUDENT CLUB

EVENTS AT "KWADRATOWA" STUDENT CLUB

The "Kwadratowa" Club is one of the main points on the party map of Gdańsk! Many people see it as a cult venue. In its long history it hosted numerous cultural events, including concerts, comedy shows, presentations, and parties aimed to integrate the extensive student community. You come here to take a break and grab something to eat between classes, have some fun at the cyclical/themed events, and listen to the music played live by the top start in Poland.

FOR DANCERS

The two dance halls of the biggest student club in Tricity await you every Friday and Saturday. The "Kwadratowa" calendar also includes hazing parties organised by Faculty Student Councils and themed events of the Committee of Culture and Sports.

FOR FANS

The walls of the club have heard a lot in their time and the dance floor withstood even more. It doesn't matter if you're a fan of rock, hip-hop, or disco – this is where you will find what you're looking form. The bands that played in "Kwad-ratowa" include Kult, Acid Drinkers, Łona, Webber & The Pimps, Sarsa, Ten Typ Mes, Michał Jelonek, T. Love, Tede, and many, many others.

FOR THOSE WHO LIKE A GOOD JOKE

The people who come to "Kwadratowa" are definitely in the mood to laugh. You can enjoy the performances of famous and popular comedians or improvisation groups, which show a different face of comedy.

FOR JAZZ AND CLASSICAL MUSIC ENTHUSIASTS

The jazz concerts performed under the slogan "Jazz at the University" attract students who expect a little more of their music. The stage hosted popular Tricity musicians like the Tomasz Chyła Quintet, Algorhythm, and Almost Jazz Group. The club also organises classical music performances, mainly film music performed on string instruments and accompanied by the voices of young and talented vocalists. Everything is organised together with the Gdańsk University of Technology Student Government.

Don't miss out on the best parties in Tricity! Follow the website and Facebook profile at <u>www.kwadratowa.pl</u>





www.facebook.com/klubKwadratowa



"KWADRATOWA" ACADEMIC CLUB OF THE GDAŃSK UNIVERSITY OF TECHNOLOGY

Bratniak building 23, Siedlicka 4, 80-222 Gdańsk **tel.:** +48 58 347 12 10

CELEBRATING STUDENTS' DAYS

GDAŃSK JUWENALIA FESTIVAL – CELEBRATING ALL STU-DENTS

This is the biggest juwenalia festival in northern Poland. The past two May celebrations were co-organised by all public higher education institutions in Gdańsk. The main events on the agenda are obviously the concerts performed by famous Polish and European musicians.

The concerts are accompanied by other attractions, including the Great Juwenalia Parade.

Click the link below to see how the Tricity students have a good time every year: <u>www.juwenaliagdanskie.pl</u>

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TECHNIKALIA FESTIVAL

The Technikalia Festival – the celebrations of GUT students – are always a part of the Gdańsk Juwenalia Festival. This is an amazing week full of interesting events, concerts, contests, and competitions. Want to bring someone from outside of the university? No problem! The fun is open to everyone aged 16 and up.

For more details concerning the Technikalia Festival, visit the Facebook profile at the link below:









YOU MUST VISIT THE GDAŃSK UNIVERSITY OF TECHNO-LOGY CAREERS OFFICE IF:

- you are looking for full time, part time, or vacation work;
- you are looking to complete an internship or training;
- you are considering starting your own business;
- you want to meet with a job consultant and discuss your educational and professional options;

 you want to consulting your application documents or prepare for a job interview;

• you are not sure of your strong points and talents.



CAREER CENTER PORTAL

The Careers Office uses the free platform, which features offers and content for students and graduates adapted to their profiles, including:

- job, internship, and training offers from Poland and other European countries;
- company, career path, and recruitment process presentations, including videos;

 information on interesting events associated with entering the labour market in Poland and abroad, professional development aides;

• electronic registration for meetings with job and business consultants of the Careers Office, including automatic e-mails confirming/reminding of the meeting dates and times.

CAREERS OFFICE

Bratniak building 23, suite 204 Mon – Fri, 7:30 am – 3:30 pm tel.: +48 58 347 28 84 e-mail: biuro.karier@pg.edu.pl www.pg.edu.pl/biuro-karier/main

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Career Center Platform

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WHEN YOU ARE LOOKING FOR EMPLOYMENT, YOU CAN ALSO ATTEND THE VARIOUS JOB FAIRS held at the university or take part in the events organised by the Careers Office.

GDAŃSK UNIVERSITY OF TECHNOLOGY ZONE DAY (NO-VEMBER)

The event held under the name of "GUT Zone Day" is organised annually by the GUT Careers Office and Pomeranian Special Economic Zone (Pomorska Specjalna Strefa Ekonomiczna sp. z o.o.) and held by the Faculty of Mechanical Engineering and Ship Technology. This is a fair for companies operating within the Zone.

INTERNATIONAL CAREER DAY (JANUARY)

This event is held in one of the courtyards of the GUT Main Building and is the result of cooperation between the Careers Office and Polish and international companies looking to recruit experts. This job fair is dedicated mainly to students with good command of foreign languages.

ENGINEERING JOB FAIR (FEBRUARY/MARCH)

Held in the courtyards of the GUT Main Building and organised by the BEST Gdańsk Student Association. This is the biggest job fair for students and graduates of strictly engineering faculties in Pomerania.

TRANSPORTER JOB FAIR (MARCH/APRIL)

This fair is organised by the Careers Office in cooperation with the Faculty of Mechanical Engineering and Ship Technology for transport students.

TARGOIOWISKO JOB FAIR (MARCH/APRIL)

Organised by the Careers Office in cooperation with the Faculty of Ocean Engineering and Ship Technology for students and graduates, particularly those studying ocean engineering and power engineering.

TRICITY JOB FAIR (MAY)

Usually held in May in Building B of the Faculty of Electronics, Telecommunications and Informatics. Representatives of companies from all of Poland, Europe, and even across the ocean come here to look for Pomeranian engineers.

GDAŃSK UNIVERSITY OF TECHNOLOGY ZONE DAY (NO-VEMBER)

The event held under the name of "GUT Zone Day" is organised annually by the GUT Careers Office and Pomeranian Special Economic Zone and held at the Faculty of Ocean Engineering and Ship Technology. This is a fair for companies operating within the Zone.

INTERNATIONAL CAREER DAY (JANUARY)

This event is held in one of the courtyards of the GUT Main Building and is the result of cooperation between the Career Centre and Polish and international companies looking to recruit experts. This job fair is dedicated mainly to students with good command of foreign languages.

SPRING AND SUMMER MEETINGS WITH EMPLOYERS AND FALL AND WINTER MEETINGS WITH EMPLOYERS

A series of online meetings between students and employers where the companies present their profiles of operations and current job, internship, and training offers. The meetings are attended by various students and graduates of various. The meetings are organised by the GUT Careers Office.

SUPPORT IN ENTERING THE LABOUR MARKET OFFERED OUTSIDE OF THE UNIVERSITY.

- GDAŃSK LABOUR OFFICE
- POVIAT LABOUR OFFICE IN GDYNIA
- CAREER PLANNING AND INFORMATION CENTRE AT THE VOIVODESHIP LABOUR OFFICE

Żabi Kruk 16 (ground floor), 80-822 Gdańsk tel.: +48 58 323 72 30, 607 836 734 e-mail: doradcy@wup.gdansk.pl

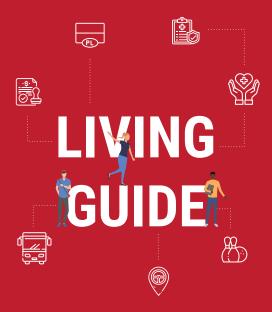
PUBLIC EMPLOYMENT SERVICES VORTAL lang-psz.praca.gov.pl/en/

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(i) All forms of support and consulting are provided free of charge.







POLAND IN BRIEF

OFFICIAL NAME:

Republic of Poland (short name: Poland) -> in Polish: Rzeczpospolita Polska (short name: Polska).

OFFICIAL LANGUAGE:

Polish.

CURRENCY:

The official currency in Poland is zloty (PLN). One zloty = 100 groszy. Notes and coins are of the following denominations: Coins: 1, 2, 5, 10, 20 and 50 groszy, 1, 2 and 5 zlotys; Banknotes: 10, 20, 50, 100, 200 and 500 zlotys. The exchange rate for 1 euro is approximately 4.5 PLN.

CAPITAL:

Warsaw (Warszawa).

MAJOR CITIES:

Kraków, Łódź, Wrocław, Poznań, Gdańsk, Szczecin, Bydgoszcz, Lublin, Katowice, Białystok.

TIME ZONE:

Central European time zone (GMT + 1hour / TUC + 1hour), except for between last Sunday in March and last Sunday in October when it switches to daylight saving time.

CUSTOMS AND HOLIDAYS:

• **1st of November**: All Saints' Day (Wszystkich Świętych) (day off) - on this day people visit cemeteries to light up candles and pray for those who have passed away;

• 11th of November: Independence Day (day off);

• **29th of November**: Eve of St. Andrew's Day - a magical night of future-telling, when people pour hot wax into cold water through a key hole and try to read their fate from the shape of the congealed wax;

• **25th of December**: Christmas Day (Boże Narodzenie), 26th of December: Second Day of Christmas;

• 6th January: Epiphany (day off);

• Fat Thursday (Tłusty Czwartek): the day of eating traditional Polish doughnuts (pączki) and Angel Wings (faworki) - celebrated on the last Thursday before the religious period of Lent;

• **Shrove Tuesday (Ostatki)**: the last day of the Carnival when people party before the beginning of Lent;

• 8th of March: Women's Day (Dzień Kobiet);

• **21st of March**: the First Day of Spring (Pierwszy Dzień Wiosny) - the day of the spring equinox when people used to burn and/or drown an effigy of Marzanna, who was considered the embodiment of death and winter ("frost maid-en");

• **Easter (Wielkanoc)**: from Sunday to Monday - moveable feast between late March and late April (days off), one of the most important public holidays steeped in tradition;

• **1st of May**: Labour Day (day off) - celebrated in Poland since 1886;

• 2nd of May: Polish Flag Day;

• 3rd of May: Constitution Day (day off);

• Corpus Christi (Boże Ciało): on Thursday-moveable feast, depends on Easter Sunday; May/June (day off);

• **15th of August**: Assumption of the Blessed Virgin Mary and Polish Armed Forces Day (day off).



LEGAL STAY

EU/EEA CITIZENS

If you are an EU/EEA student, you only need your ID document (e.g. identity card or passport) to enter Poland.

For stays exceeding 90 days please check Information for EU/EEA citizens traveling to Poland at www.udsc.gov.pl/en/cudzoziemcy/obywatele-ue-orazeogszwajcarii-i-czlonkowie-ich-rodzin/wymaganeformalnosci/obywatele-ue/zarejestrowanie-pobytu/

and register stay at Department for Citizenship and Foreigners' Affairs of the Voivodeship Office: www.gdansk.uw.gov.pl/en/departaments/170department-for-citizenship-and-foreignersaffairs

THE POMERANIAN VOIVODESHIP OFFICE IN GDAŃSK

Okopowa 21/27, 80-810 Gdańsk (room no. 93, second floor) tel.: +48 58 30 77 427

NON EU / EEA CITIZENS

A citizen of a non-EU/EEA country can enter the territory of Poland on the basis of a valid travel document (passport) and a visa (we recommend long-term national D-type visal.

www.gov.pl/web/diplomacy/visas





The list of countries which citizen are exempted from visa duties up to the 3 months and more information regarding entering Poland and visa requirements you can find at the following website:

www.udsc.gov.pl/en/cudzoziemcy/obywatele-panstwtrzecich/chce-przyjechac-do-polski/student-mobility/



Polish visa is valid in any other Schengen states (during one or more visits) for a total of up to 3 months within a half-year period calculated on the date of first entry.

WHAT SHOULD YOU DO IF YOUR VISA IS GOING TO EX-PIRE?

APPLY FOR A TEMPORARY RESIDENCE PERMIT: www.udsc.gov.pl/en/cudzoziemcy/obywatele-panstwtrzecich/chce-przedluzyc-swoj-pobyt-w-polsce/ zezwolenie-na-pobyt-czasowy/

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in the Department of Citizens Affairs of the Voivodeship Office (province administration, in Polish Urząd Wojewódzki), or back to your country of residence and apply again for visa.

Register for appointment to submit the application with on-line registration: www.kolejkaqdansk.ajhmedia.pl/?lang=en

Residence Permit application need to be submitted to: **Department for Citizenship and Foreigners' Affairs of the Voivodeship Office** no later than on the last day of the lawful residence.

www.gdansk.uw.gov.pl/en/departaments/170-department-for-citizenship-and-foreigners-affairs





ADDRESS: POMERANIAN VOIVODESHIP OFFICE IN GDAŃSK

Citizen and Foreigner Affairs Department Okopowa 21/27, 80-810 Gdańsk

HOW TO APPLY FOR POLISH TEMPORARY RESIDENCE PERMIT (ON THE DAY 05/11/2020)

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LIST OF REQUIRED DOCUMENTS FOR A TEMPORARY RES-IDENCE PERMIT APPLICATION:

• 4 sharp, colour photos – size: 4,5 x 3,5 cm, taken in last 6 months, on monochrome and bright background, clearly showing eyes and face from the top of the head till the upper part of shoulders, the face should occupy 70-80% of the whole photo; the person on the photo should not wear any kind of head dress and dark glasses, should be looking directly with open eyes not covered by hair, with natural expression and closed mouth;

• **Passport: 1 photocopy of all pages**, 2 photocopies of pages with personal data, visas, stamps confirming crossing the borders;

• original and copy of Application for the Temporary Residence Permit

www.udsc.gov.pl/en/do-pobrania/wnioski/

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• Health insurance - original & photocopy;

• Confirmation of GUT's student status - original & copy;

• Document confirming possession of financial assets covering subsistence costs, return travel costs and study fee (e.g. account balance confirmed by the bank with stamp and signature; scholarship confirmation issued by the university, stamped and signed)*;

Confirmation of tuition fee payment*;

• Confirmation of **payment a fee of 340 PLN**: to be paid at the cash-desk in Pomerania Voivodeship Office or by bank transfer;

• **Optional authorization - 17 PLN***: to be paid at the cashdesk in Pomerania Voivodeship Office or by bank transfer; needed confirmation of payment.

* if it is necessary

All documents need to be submitted in Polish language. In case of translation it need to be done by Polish sworn translator.

www.gov.pl/web/sprawiedliwosc/tlumacze-przysiegli

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THE OTHER TYPES OF RESIDENCE PERMITS IN POLAND ISSUED TO NON-EU CITIZENS:

• **Settlement permit** (granted to a foreigner who proves to have strong family or economic bonds with Poland, to have a place of residence, to be married to a Polish citizen).

• residence permit for EC long-term resident (granted to a foreigner who has been residing on the territory of Poland legally and continuously for at least 5 years directly before submission of the application and has a stable and regular source of income).

MORE INFORMATION: www.udsc.gov.pl/en/cudzoziemcy/

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REGISTRATION AT THE CITY HALL:

1. EU citizens are obliged to register when their stay in Poland is longer than 90 days.

2. Non EU citizens are obliged to register within 4 days from their arrival

REGISTRATION FORM [it has to be signed by the dormitory administrative officer!]:

PASSPORT Address of the nearest branch of the City Hall:

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ZESPÓŁ OBSŁUGI MIESZKAŃCÓW NR 1

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Partyzantów 74, Gdańsk-Wrzeszcz [check on the map]

If you have any questions, doubts or need a help to legalize your stay in Poland, please contact International Relations Office e-mail: studygut@pg.edu.pl

USEFUL LINKS:

OFFICE FOR FOREIGNERS IN POLAND www.udsc.gov.pl/en/

MINISTRY OF FOREIGN AFFAIRS OF REPUBLIC OF POLAND

www.gov.pl/web/diplomacy









HEALTHCARE & HEALTH INSURANCE

HEALTH CARE IN POLAND IS PROVIDED IN SCOPE OF:

- public health care services;
- private health care services.

The National Health Fund (NFZ) is a state authority, which uses public funds to finance treatment and reimburse medication to insured individuals.

A foreign student coming to Poland is obliged to purchase health insurance or hold a valid European Health Insurance Card (for EU/ EEA citizens).

UE/EEA CITIZENS

Free of charge healthcare services in Poland require a valid passport, student card, and European Health Insurance Card. If you fail to present any of the aforementioned documents, you will be charged with the costs of healthcare. Students need to apply for a European Health Insurance Card in the country of origin.

NON-EU / EEA CITIZENS

All students from outside of the EU **must have health insurance** (covering costs of treatment).

You can choose from the following:

• Voluntary purchase of health insurance at one of the branches of the National Health Fund (NFZ) by paying your own insurance premium. Within this insurance, students are entitled to healthcare free of charge and can use the healthcare clinics and units, which have a written agreement with the National Health Fund. Furthermore, all foreign students can purchase additional accident insurance (NNW) and liability insurance (OC).

If you should have any questions or be in need of assistance, send an e-mail to the following address: studygut@pg.edu.pl • Purchasing private health insurance by signing a contract with one of the insurance companies.

PURCHASING HEALTH INSURANCE IN THE NATIONAL HEALTH FUND – STEP BY STEP:

Step 1

Fill out the form available at:

www.nfz.gov.pl/dla-pacjenta/ubezpieczenia-w-nfz/

The form must be filled out in Polish. If needed, recruit a friend to help you. You can also obtain and fill out the application at a National Health Fund point.



Step 2

Prepare the following documents:

• proof of identification (passport and student card);

• student status certificate (collect it from the Dean's Office).

Step 3

Take the application and documents and visit **THE VOIVODESHIP NATIONAL HEALTH FUND BRANCH** Podwale Staromiejskie 69, 80-844 Gdańsk

You can check the opening hours online at www.nfz-Gdansk.pl

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Step 4

Following the presentation of the application and documents, **you will be asked to sign the agreement.** Keep in mind that everything related to your voluntary insurance needs to be handled at the Voivodeship branch of the National Health Fund appropriate to your place of residence.

Step 5

Voluntary healthcare insurance is also subject to an extra charge, the amount of which is determined by the length of the break in health insurance and premium payments.

Step 6

After signing the voluntary insurance agreement with the National Health Fund, please visit the nearest Social Insurance Institution branch to register – the closest one is:

THE SOCIAL INSURANCE INSTITUTION

the Gdańsk-Śródmieście Inspectorate Chlebnicka 3/8, 80-830 Gdańsk

REMEMBER!

You should visit the Social Insurance Institution within 7 days of concluding the agreement.

IMPORTANT!

A copy of the agreement and proof of payment of last month's premium constitutes **proof of insurance.** If required, you must present these documents together with your proof of identification.

SOME GOOD ADVICE

Always keep photos of documents – the National Health Fund agreement and Social Insurance Institution declaration – **in your phone to present** in the event of e.g. requiring hospitalisation.

PURCHASING PRIVATE HEALTH INSURANCE

In Poland you can purchase **private healthcare insurance**. Within this insurance, you will **receive access to selected establishments and specific healthcare services** depending on the offered insurance range free of charge or partially reimbursed by the insurance agency in exchange for paying insurance premiums.

The range of health insurance is determined mainly by the insurance option. The more situations it covers, the higher the premium. The basic options of the insurance in question come to approx. PLN 50 per month, depending on the insurance agency.

In order to purchase private health insurance, you can take advantage of the services offered by the insurance agency of your choice.

You can seek assistance from the Property Protection Office, which will help you handle all formalities (this is

where you can obtain assistance and sign the insurance agreement).

CONTACT: PROPERTY PROTECTION OFFICE (building no. 3 on campus map)

e-mail: cerber@pg.edu.pl



PUBLIC HEALTHCARE

HOSPITAL EMERGENCY WARDS

(IN POLISH: "SOR – HOSPITAL EMERGENCY WARD" OR "KOR – CLINICAL EMERGENCY WARD") are open 24/7 and offer an extensive range of services, from treating injuries to life-threatening conditions.

If you have experienced the following, you should visit a Hospital Emergency Ward:

- trauma, accident (e.g. laceration, fracture);
- poor disposition indicating a stroke, heart attack, or circulatory problems;

• a clinic is unable to assist you and your condition indicates that you cannot wait.

LIST OF HOSPITAL EMERGENCY WARDS IN GDAŃSK:

COPERNICUS SP. Z O.O. HOSPITAL

Nowe Ogrody 1-6, Gdańsk **tel.:** +48 58 764 01 16

UNIVERSITY CLINICAL CENTRE

Smoluchowskiego 17, Gdańsk **tel.:** +48 58 349 37 84/94

ADMISSION TO HOSPITAL EMERGENCY WARDS

Hospital Emergency Wards do not enforce a "first come – first serve" system. The decision on which patient requires earliest assistance is made by the medical professional (not by the registration clerk).

During your stay at a Hospital Emergency Wards, you may be referred to an appropriate hospital ward for observation or discharged home.

GENERAL HEALTHCARE ("POZ" – GENERAL HEALTHCARE OR SIMPLY "CLINIC")

If you need a doctor, you can go to any POZ, but keep in mind that they are not open 24/7.

Near the university there is the University Clinical Centre, which offers the services of both general and physicians and specialists, and the Academic Healthcare Centre.

UNIVERSITY CLINICAL CENTRE

Dębinki 7, 80-952 Gdańsk Telephone registration: +48 58 727 05 05 e-mail: rejestracja@uck.gda.pl

ACADEMIC HEALTHCARE CENTRE

Aleja Zwycięstwa 30, 80-219 Gdańsk **Telephone registration:** + 48 58 347 22 82

OTHER SELECTED HEALTHCARE CENTRES:

ETER-MED HEALTHCARE CENTRE Telephone registration: +48 58 320 26 00

Student clinics:

• Gdańsk, Żabi Kruk 10

- Gdańsk, Jaskółcza 7/15
- Gdańsk, Kazimierza Górskiego 1 (within the premises of the University of Physical Education and Sport).

EMERGENCY HEALTHCARE CENTRES – for when you require immediate assistance and the POZ is closed. **Open between 6:00 PM** and **8:00 AM** and 24h on public holidays.

LIST OF CENTRES IN GDAŃSK:

COPERNICUS PL

Jana Pawła II 50, Gdańsk tel.: +48 58 768 46 84 Nowe Ogrody 1-6 ("A" Entrance) tel.: + 48 58 764 06 40

MEDICA FAMILY CLINIC

Stanisława Lema 21, Gdańsk **tel.:** +48 58 340 54 70

NADMORSKIE MEDICAL CENTRE

Kilińskiego 34, Gdańsk **tel.:** +48 58 763 95 90

800 190 590 – **Telephone Information for Patients** (TIP) – free 24/7 helpline providing information on e.g. healthcare services available at night and during holidays.

RESCUE SERVICES

IN THE EVENT OF:

a direct life-threatening situation

• an emergency potentially leading to a severe systemic damage, physical injury, or loss of life **do not hesitate and call the Emergency number 999 (or 112).**

Important!

• Do not hang up or disconnect until the dispatcher ends the conversation. Calls to emergency numbers are free of charge – you will not be charged regardless of its length.

• When you are waiting for the ambulance, try to stay off the phone you used to make the call. Until the ambulance comes, this is the only way to contact you. The dispatcher or ambulance crew may try to contact you for additional information.

The patient is usually taken to the nearest hospital unless the medical team establishes that they require treatment in a specific specialist hospital.

PRIVATE HEALTHCARE

Private doctor's offices and hospitals **are open to everyone who pay for the appropriate service**, e.g. medical consultation or examination. The costs of medical appointments in Poland are usually around PLN 120-180.

There are numerous private doctor's offices and clinics on the market. The easiest way to find one is online by entering the appropriate keyword in the search engine. One of the websites which help find specialists is

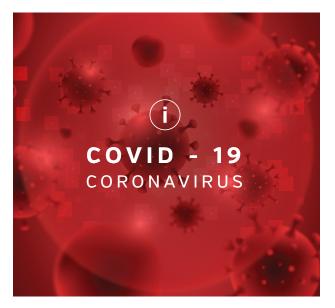
www.znanylekarz.pl

There are also numerous medical establishments which offer subscription packages. You can use the selected medical package for a monthly fee.

CORONAVIRUS

Studying during the pandemic www.pg.edu.pl/en/coronavirus





REMEMBER!

If you are suspected to be infected but are not showing any symptoms, stay at home and avoid contact with others to prevent the virus from spreading. If you **have any concerns as to your health**, arrange a consultation by TELEPHONE or other means of remote communication. Do not go to a clinic or hospital without being referred to one in advance. One sick patient (including yourself) may infect everyone else in the waiting room.

For current information and recommendations, please visit: www.gov.pl/web/coronavirus

WHERE CAN YOU CALL IF YOU HAVE ANY QUESTIONS?

Ministry of Health helpline – 800 190 590, free of charge, **24/7**. Information is also available in English.

DENTIST

Most people in Poland go to **private dentists**, because they are the only ones who offer full dental treatment and see you in the event of an emergency without long waiting times. **Before making an appointment, you should see the prices of the dental services** offered by the given office. For example: the average price for filling a cavity is **PLN 120-220**, and root canal treatment comes to **PLN 400-1800**.

If you are insured, i.e. pay the health insurance premium, you can take advantage of the National Health Fund services to which you are entitled and treat your teeth free of charge. However, this requires long waiting time, and the service quality is often inferior. Furthermore, the range of the provided services is currently very limited. The closest dentist to the University is the GUMed

UNIVERSITY DENTAL CARE CENTRE

Dębowa 1a, 80-204 Gdańsk, **appointments: tel.** +48 58 727 05 50 (Mondays – Fridays: 7:00 AM – 3:00 PM) <u>www.ucs.gumed.edu.pl</u>



MENTAL HEALTH

Are you being overwhelmed by your daily routine? Are small problems growing to disproportional dimensions? Are you experiencing stress or prolonged states of sadness, are you being tormented with a sense of emptiness, do you sometimes have fits of aggression?

If you are in need of psychological support, don't hesitate to ask for help. Contact the Psychological Assistance Centre, which provides psychological, psychotherapeutic and psychiatric assistance for all students.

Important:

• Appointments at the Psychological Assistance Centre are subject to advance registration.

• To register, students can call the number **+48 58 352 13 52** Mondays to Fridays between 8:30 AM and 1:00 PM. This is also the number to call if you want to make an appointment with a psychiatrist.

• During registration, remember to mention that you are a student of the Gdańsk University of Technology, which will speed up your appointment.

• Individual and group therapy is available, depending on your personal needs.

• Visits are free of charge.

• The Centre is open all year round, including during the summer holidays.

CONTACT

The consultation point is located at the address of Mickiewicza 9/11 in Gdańsk.

ATTENTION!

During the epidemic, most Psychological Assistance Centre appointments/consultations are held through Skype.

If you are a student seeking psychological assistance, please send an e-mail (in English) to e-mail address: a.burkiewicz@gumed.edu.pl



PUBLIC TRANSPORT

The most popular forms of transit in Tricity (Gdańsk, Sopot, Gdynia) include the following:

- buses;
- tramways;
- trolleybuses (in Gdynia);
- Fast Urban Rail (SKM);
- taxi cabs.

GDAŃSK PUBLIC TRANSPORT MOST POPULAR AMONG STUDENTS

BUSES AND STREET CARS

You can buy bus or tramway tickets in numerous ways:

- from a **TVM** at certain bus and street car stops;
- from a kiosk;
- from the driver (exact change required);

• through **mobile apps** like SkyCash, jakdojade, mPay, Go-Pay, moBILET.

Bus and tramway tickets are purchased for the appropriate city (for example – a Gdańsk bus ticket is not valid in Gdynia).

Tickets are checked in the punchers (usually orange boxes at around eye level, which imprint the date and time on the ticket) immediately after boarding the vehicle.

The following **bus and tramway tickets** are available:

• **single fare tickets** – for a single public transit route, regular, express, and night routes; valid from the start of transit until getting off the vehicle;

• 1-hour tickets – you can transfer buses/tramways within the limit of one hour; for regular, express, and night routes;

• **24-hour tickets** – with available bus/tramway transfers, for all routes.

The projected route length is specified in **the timetable** available at the stop/station.

The following season passes are also available:

- monthly;
- semester.

The terms of purchase are established on the following website:

ztm.gda.pl/bilety/ceny-biletow,a,13



IMPORTANT!

Students aged **under 26** are entitled to discount **tickets**, i.e. **50% of the regular price**. They must present a valid Polish student card (or International Student Identity Card – ISIC).

The following tickets are available in Gdańsk:

• one-way ticket: PLN 1.90 (does not entitle the holder to transfer),

- one-hour ticket: PLN 2.20,
- 24-hour ticket: PLN 7.00.

ALL PRICES CONCERN DISCOUNT TICKETS FOR STUDENTS HOLDING VALID STUDENT CARDS.

Season passes are recommended for individuals frequently commuting with public transit. Season passes can be purchased **for 1, 4, or 5 months** (PLN 49.50 – PLN 235). Tickets for 4 or 5 months are available to students only.

MORE TICKET INFORMATION GO TO: <u>ztm.gda.pl</u>

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Students who have already collected their student cards can use them as a public transit season pass in Gdańsk.

For this purpose you must file the "Application for charging your student card with season passes" together with your student card at one of the following four application points:

• **Customer Support Point no. 2**, Wyspiańskiego 9A (near the university);

• Customer Support Point no. 3, PKP Gdańsk Główny train station (in the tunnel);

• Customer Support Point no. 4, Świętokrzyska 15 (Łostowice - Świętokrzyska street car loop);

• Complaint Point, Na Stoku 49.

Download the application to adapt your student card to charging with season passes:

ztm.gda.pl/bilety/legitymacja-studencka,a,3103

HELPFUL LINKS WITH ROUTE TIMETABLES:

www.ztm.gda.pl

www.skm.pkp.pl

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www.trojmiasto.jakdojade.pl

www.rozklad-pkp.pl/en

Bus and street car routes www.ztm.gda.pl/rozklady

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FAST URBAN RAIL (SKM)

Fast urban rail connects Tricity and other coastal urban regions, including Rumia, Reda, and Wejherowo. Due to its range, the ticket prices vary depending on the designated zones and time.

Fast urban rail tickets can be purchased:

- inside the train station building;
- at the TVM on certain platforms;

• at ticket sales points (the one nearest the unversity is Gdańsk Politechniczna, Trubadurów 8a);

• from the train manager;

 through mobile apps like Koleo, SkyCash, jakdojade, mPay, GoPay, or moBILET and online through websites like bilety.skm.pkp.pl and beta.bilkom.pl

Fast urban rail tickets are checked before boarding the train (the punchers are available inside the underground station hall, the station building, and on the platforms).

ATTENTION!

Please remember that there are **no ticket punchers inside the trains** and having your **ticket punched** by an authorised **train staff** member means that you **will be charged extra**.

If you do not have a ticket – you must report to the train manager/conductor immediately before or after boarding the train (only through the first door of the first car) in order to buy your ticket (you will have to pay the regular ticket price and an extra charge).

Students aged under 26 are entitled to discount tickets. The student discount is 51% from the regular price. They must present a valid Polish student card (or International Student Identity Card – ISIC). **The prices of SKM single fare tickets** are determined by the length of the planned route and the entitled discount (student discount ticket price examples: PLN 1.86 for a 6 km route, PLN 3.97 for a route up to 30 km). The ticket prices are available online at

www.skm.pkp.pl/dla-pasazera/taryfy-i-przepisy/tabele-oplat



SKM KomPas app – available in three languages: Polish, English, and German.

This is where you can see the planned route timetable of PKP Szybka Kolej Miejska w Trójmieście Sp. z o.o. and get information on current ticket prices.

SKM KomPas also lets you browse the planned route timetable offline for 3 weeks.

POMERANIAN METROPOLITAN RAILWAY

The Pomeranian Metropolitan Railway connects Tricity with smaller cities in the region. Now you can get to the heart of Kashubia, Kartuzy, and Kościerzyna – popular destinations of weekend excursions (including cycling trips) – in less than an hour.

The Pomeranian Metropolitan Railway has also created a fast and convenient connection between the airport and the centres Gdańsk and Gdynia. You can get to the airport from both cities in just over 20 minutes.

Rail lines supported by the Pomeranian Metropolitan Railway: <u>www.pkm-sa.pl/projekty/o-projekcie/mapy/</u>

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METROPOLITAN TICKET

If you want to do some extensive travelling around Gdańsk, Sopot, Gdynia, and Wejherowo, including with means of various public transit, you can take advantage of the **metropolitan ticket**, which is issued by the Metropolitan Transit Association of the Gulf of Gdańsk.

The metropolitan ticket is a single fare ticket or pass (1-hour, 24-hour, 72-hour, 1 month). All ticket prices, available discounts, and points carrying metropolitan tickets are available online at

www.mzkzg.org/bilet-metropolitalny



LEISURE TIME

INTERESTING TRICITY PLACES AND ATTRACTIONS

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guide.trojmiasto.pl

www.visitGdansk.com/en

www.pomorskie.travel/en



www.livemorepomerania.com/en/attractions



THE TRICITY EVENT CALENDAR: www.inyourpocket.com/gdansk/events



LIBRARIES WITH READING ROOMS POPULAR AMONG STUDENTS:

MANHATTAN LIBRARY

(near the Gdańsk University of Technology) **Opening hours:** Mondays – Saturdays: 9.00 AM – 9.00 PM Sundays: closed

Al. Grunwaldzka 82, 80-244 Gdańsk **tel.:** +48 58 500 00 80

JOSEPH CONRAD KORZENIOWSKI PUBLIC VOIVODESHIP AND CITY LIBRARY IN GDAŃSK Opening hours:

Mondays – Fridays: 9.00 AM – 5.00 PM Wednesdays: 9.00 AM – 3.00 PM Saturdays, Sundays: closed

Targ Rakowy 5/6, 80-806 Gdańsk **tel.:** +48 58 301 48 11

MAIN LIBRARY OF THE MEDICAL UNIVERSITY OF GDAŃSK Opening hours:

Mondays: 10.00 AM – 7.45 PM Tuesdays – Fridays: 8.00 AM – 7.45 PM Saturdays: 9.00 AM – 3.00 PM Sundays: closed

Dębinki 1, 80-211 Gdańsk tel.: +48 58 349 10 51 - Lending Library tel.: +48 58 349 10 45 - Science Helpline

GOSPEL CHURCH GDAŃSK

CH Manhattan Mall (3rd Floor, Conference Room A) Al. Grunwaldzka 82, Gdańsk - Wrzeszcz Every Sunday at 11:30 AM www.gchmanhattan.pl/najemca/360/

ST. NICHOLAS ORTHODOX CATHEDRAL PARISH Traugutta 45, 80-221 Gdańsk

www.cerkiew-Gdansk.com/

MOSOUE IN GDAŃSK

Abrahama 17 A. 80-307 Gdańsk www.meczetwgdansku.com/kontakt/

FOREIGNER SUPPORT ORGANISATIONS:

IMMIGRANT SUPPORT CENTRE Gdyńskich Kosynierów 11, 80-852 Gdańsk

The Centre provides support to new Tricity residents in understanding Polish procedures concerning the legalisation of their work and stay, helps find work and hire foreigners, handles pro bono discrimination cases, teaches Polish, and

MASSES FOR FOREIGNERS:

OUR LADY OF PERPETUAL HELP AND ST. PETER THE **FISHERMAN CHURCH IN GDYNIA** Portowa 2, 81-350 Gdvnia Mass in English - Sunday at 4:00 PM www.catholic-mass.pl/contact.html









organises integration events. All consultations are free of charge.





SOPOT FOREIGNER INTEGRATION AND SUPPORT CENTRE Młyńska 11, Sopot

A place where foreigners staying or living in Sopot can come for both basic everyday information and professional support. The Centre opens the local community to people from abroad and gives foreigners the opportunity to learn about and understand Polish culture and the local specificities and circumstances.

All consulting is available in Polish, Russian, and English. If required, other languages are also made available. All consulting is offered free of charge.



www.facebook.com/sciiwc/





EMERGENCY NUMBERS IN POLAND

• **112** – emergency hotline (emergency number for all of European Union. After hearing your emergency, the 112 operator will notify the appropriate services: emergency healthcare, fire department, police department, water rescue services, etc.)

• **999** – emergency healthcare (the call is made directly to the medical dispatcher)

•998 – fire department

• 997 – police department (supported by the emergency hotline)

- •996 Anti-Terrorist Centre
- 994 water and sewerage emergency services
- 993 heating emergency services
- 992 gas emergency services
- 991 electricity emergency services
- 989 National health Fund hotline
- 987 crisis management centre; contact no. (SMS) for the deaf: 500 105 115
- 986 city guard (not in every city)
- 985 sea and mountain rescue services
- 984 water rescue services
- 983 emergency veterinary care

The three-digit emergency numbers are dialled without any preceding digits (e.g. the number of the operator or area code). Emergency numbers are free of charge and available 24/7.





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• you are looking for a stylish present,

• you want have a useful gadget with the Gdańsk University of Technology logo in your collection

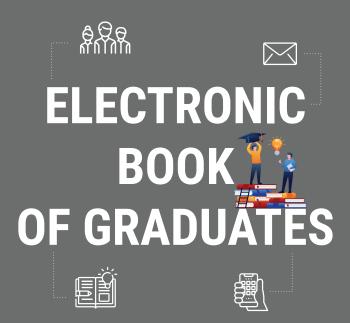
• you are looking for the right track top or workout t-shirt, **check out the GUT souvenir shop**, which is open Mondays to Fridays from 8.00 am until 3.00 pm.

You can just as easily buy your GUT-branded gadgets from the online store:

sklep.pg.edu.pl/en/

We have a special offer for all first-year undergraduate students. Cut out the coupon below and bring it and your student card to the GUT souvenir shop by **31 October 2021** to get a **10% discount on your first purchase**.







ELECTRONIC BOOK OF GRADUATES

This portal is dedicated for graduates of the Gdańsk University of Technology and aimed to build and preserve bonds between the university and its alumni and develop and renew the bonds among the University's alumni.

Registration in the GUT Electronic Book of Graduates is voluntary and free of charge.

A GUT graduate can register in the system by filling out the electronic registration form available at

www.pg.edu.pl/en/alumni/electronic-book-graduates

You can use the portal **to find your friends** from the University, **correspond with them**, see **what's going on at the university, register for academic events, post messages, and share your professional experiences.**



The Electronic Book of Graduates is available on mobile devices as well.





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We are open to your opinions about the guide. E-mail us at: biuro.karier@pg.edu.pl



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www.pg.edu.pl/en/guide-for-students



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